



APPOINTMENT TO BOARD OF DIRECTORS; RESIGNATION

May 5, 2010 – Triple Dragon Resources Inc. (CNSX: TDN) (the “Company”) is pleased to announce the appointment of Alicia Milne, to the Company’s Board of Directors.

Ms. Milne is a corporate and securities compliance consultant with over 13 years of experience working with various public and private companies. Ms. Milne has been the Company’s Corporate Secretary since 2008.

The Company also announces the resignation of Shaun Ledding from the Board of Directors. The Company would like to thank Mr. Ledding for the valuable insights and experience he made available to the Company during his tenure on the Board. The Company wishes him every success in his future endeavors.

About Triple Dragon Resources Inc.

Triple Dragon is a mineral exploration company focused on the Murray Property in south-central Northwest Territories. Triple Dragon’s shares are listed on the Canadian National Stock Exchange under the symbol "TDN".

On Behalf of the Board of Directors
TRIPLE DRAGON RESOURCES INC.

David Hodge

Director

Phone: 604.681.1568

Email: info@tripledragonresources.com

For further information, contact Sean Charland at 604.681.1568.

The CNSX does not accept responsibility for the adequacy or accuracy of this news release.

Statements in this document which are not purely historical are forward-looking statements, including any statements regarding beliefs, plans, expectations or intentions regarding the future. It is important to note that actual outcomes and the Company’s actual results could differ materially from those in such forward-looking statements.

Risks and uncertainties *include, but are not limited to, economic, competitive, governmental, environmental and technological factors that may affect the Company’s operations, markets, products and prices.* Factors that could cause actual results to differ materially may include: misinterpretation of data; that we may not be able to get equipment or labour as we need it; that we may not be able to raise sufficient funds to complete our intended exploration and development; that our applications to drill may be denied; that weather, logistical problems or hazards may prevent us from exploration; that equipment may not work as well as expected; that analysis of data may not be



possible accurately and at depth; that results which we or others have found in any particular location are not necessarily indicative of larger areas of our property; that we may not complete environmental programs in a timely manner or at all; market prices may not justify commercial production costs; and that despite encouraging data there may be no commercially exploitable mineralization on our properties. Readers should refer to the risk disclosures outlined in the Company's Management Discussion and Analysis of its audited financial statements filed with the British Columbia Securities Commission.